### **Baby Café**

A free, drop in center for pregnant and breastfeeding moms offering support and assistance in an informal and comfortable setting.

#### River Falls, WI

United Methodist Church

127 S 2nd Street

Tuesdays 10:00 a.m.-12:00 p.m.

715-307-6319

#### Lake City, MN

Lake City Public Library

1215 N 7th Street

Wednesdays 12:30-2:30 p.m.

### Coalition

# Goodhue Wabasha Pierce County Breastfeeding Coalition

Promote and support breastfeeding within our communities for the health and wellness of children and families.

(http://gwpcbc.wordpress.com)

# Breastfeeding Websites

womenshealth.gov

lalecheleague.org

kellymom.com

medela.com

aap.org/breastfeeding/

firstright.org

Bestforbabes.org

Hygeiababy.com

Motherlove.com

Pumpinpal.com

Walc.net

Breastfeedingmadesimple.com

Pumpstation.com

### La Leche League

Meetings are held on the third Thursday of each month at Red Wing YMCA from 6:30-7:30 p.m.

**Local Leader:** Pam

651-388-3575 or

LLLRWPam@gmail.com

# Breastfeeding Support Resources

- CONSULTATION
- WEBSITES
- SUPPORT



WESTERN WISCONSIN
Created by Pierce County Public Health

## Consultation

Pierce County Public Health	715-273-6755	www.co.pierce.wi.us
Pierce County WIC	715-273-6758	www.co.pierce.wi.us
St. Croix County Public Health	715-246-8263	www.co.saint-croix.wi.us
St. Croix County WIC	715-246-8359	www.co.saint-croix.wi.us
River Falls Area Hospital	715-307-6319	www.allinahealth.org
Hudson Hospital & Clinics	715-531-6000	www.hudsonhospital.org
Baldwin Medical Center	715-684-3311	www.healthybaldwin.org
Westfield's Hospital, New Richmond	715-243-2600	www.westfieldshospital.com
Mayo Hospital & Clinic Health System, Redwing	651-267-5000	www.mayoclinichealthsystem.org
Mayo Hospital & Clinic Health System, Menomonie	715-235-5531	www.mayoclinichealthsystem.org
Woodwinds Health, Woodbury	651-232-0228	www.healtheast.org
Lakeview Hospital, Stillwater	651-439-5330	www.lakeviewhealth.org

